

## FINGER LENGTH

Measure your length from position A to B.

## GLOVE SIZE

*If you're between sizes, we recommend sizing down for a snug fit.*

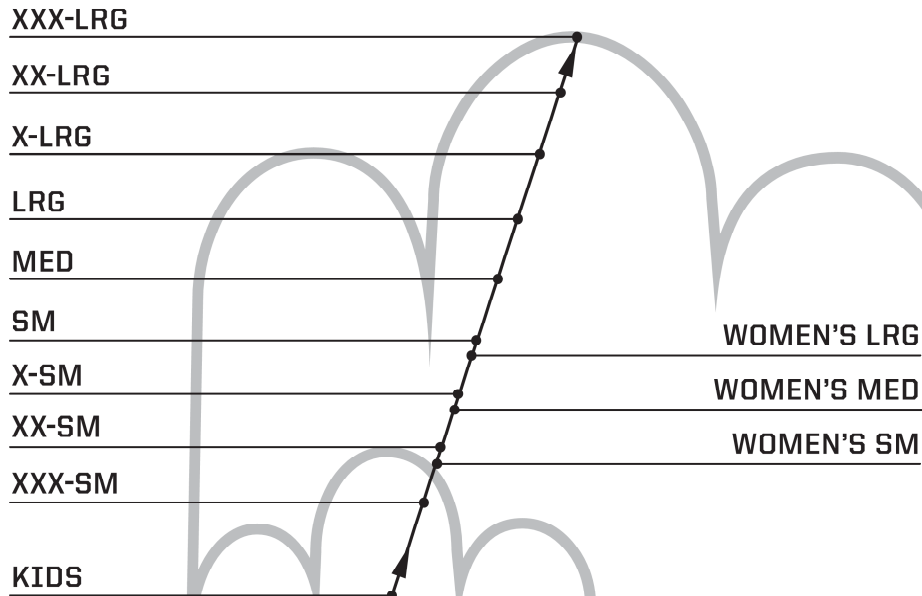
## PALM WIDTH

Measure your palm width from position A to B.

MEN'S		WOMEN'S		MEN'S		WOMEN'S	
10.0 cm – 10.8 cm				< 5.0 cm			
10.8 cm – 11.5 cm				5.0 cm – 5.8 cm			
11.5 cm – 12.3 cm				5.8 cm – 6.5 cm			
12.3 cm – 13.0 cm	10.0 cm – 10.5 cm			6.5 cm – 7.5 cm	5.5cm – 6.5 cm		
13.0 cm – 13.8 cm	10.5 cm – 11.0 cm			7.5 cm – 8.5 cm	6.5 cm – 7.5 cm		
13.8 cm – 14.5 cm	11.0 cm – 11.5 cm			8.5 cm – 9.8 cm	7.5 cm – 8.5 cm		
14.5 cm – 15.2 cm				9.8 cm – 11.0 cm			
15.2 cm – 15.9 cm				11.0 cm – 12.2 cm			
15.9 cm – 16.5 cm				12.2 cm – 13.7 cm			



# GLOVE SIZING GUIDE

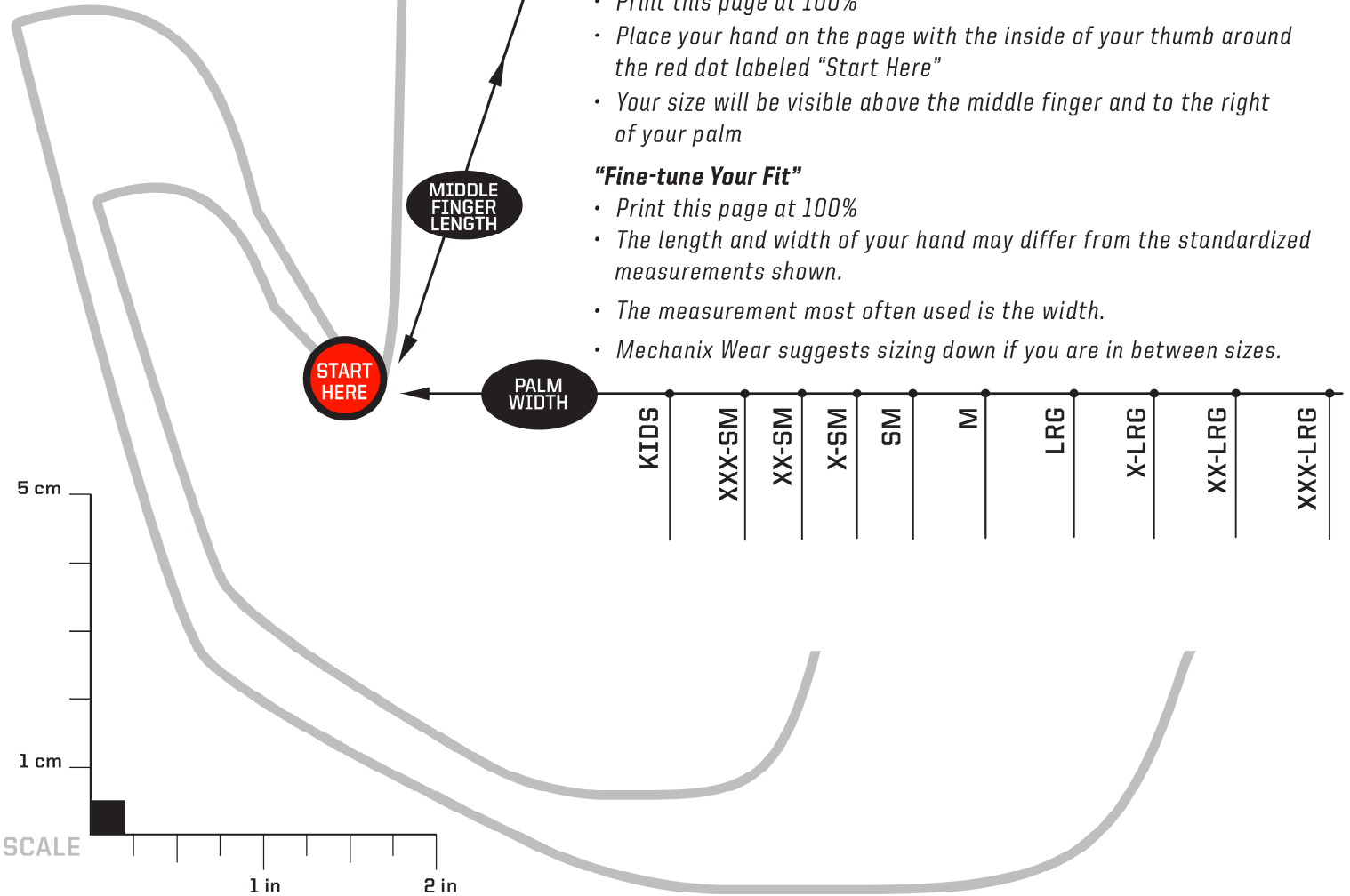


**Use this Mechanix Sizing Guide to find your perfect glove size.**

- Print this page at 100%
- Place your hand on the page with the inside of your thumb around the red dot labeled "Start Here"
- Your size will be visible above the middle finger and to the right of your palm

### "Fine-tune Your Fit"

- Print this page at 100%
- The length and width of your hand may differ from the standardized measurements shown.
- The measurement most often used is the width.
- Mechanix Wear suggests sizing down if you are in between sizes.



**ALWAYS TRY IT ON.** For questions regarding any Mechanix Glove style or fit please call our Customer Service Team : **1-800-222-4296** or visit [www.mechanix.com](http://www.mechanix.com)